

SPARKLE SHINE SPA

PERMANENT MAKEUP AFTERCARE INSTRUCTIONS

THANK YOU

Thank you for choosing Sparkle Shine Spa for your permanent makeup service. Proper aftercare is extremely important to ensure proper healing, color retention, and beautiful long-term results.

WHAT TO EXPECT

Immediately after your procedure, the treated area may appear darker, bolder, swollen, or more defined than expected. This is normal and part of the healing process.

Color may soften 30–50% once healed.

Healing Timeline:

- Initial healing: 7–14 days
- Full healing and color settling: 4–8 weeks

FIRST 7–14 DAYS

DO NOT:

- Pick, scratch, or peel flaking skin
- Apply makeup directly over treated area
- Use tanning beds or direct sun exposure
- Swim, use hot tubs, saunas, or steam rooms
- Use harsh skincare products including Retinol, Retin-A, acids, or exfoliants
- Excessively sweat or exercise heavily for the first few days

KEEP THE AREA

- Clean
- Dry
- Protected
- Free from touching with unwashed hands

CLEANING & AFTERCARE

FIRST 24 HOURS

- Gently blot lymph fluid if needed using clean gauze
- Keep area clean and dry

AFTER 24 HOURS

- Clean gently with mild fragrance-free cleanser or sterile water
- Pat dry only — do not rub
- Apply a thin layer of approved aftercare ointment if instructed by your technician

IMPORTANT REMINDERS

- Do not pick scabbing or flaking skin
- Uneven color during healing is normal
- Brows, lips, or eyeliner may appear patchy before healing completes
- Avoid facial treatments directly over treated areas until fully healed

SUN PROTECTION

Once healed:

- Wear SPF daily
- Avoid excessive UV exposure

Sun exposure can cause premature fading and discoloration.

NORMAL HEALING SIGNS

- Mild redness
- Tenderness
- Itching
- Flaking
- Dryness
- Tightness
- Temporary uneven appearance

CONTACT YOUR TECHNICIAN IF YOU EXPERIENCE

- Severe swelling
- Yellow discharge
- Fever
- Extreme pain
- Signs of infection
- Allergic reaction

TOUCH UPS

A perfecting touch-up appointment is usually recommended 6–8 weeks after your initial procedure for best healed results.

Color retention varies depending on skin type, lifestyle, medications, sun exposure, and aftercare compliance.

BEST RESULTS TIPS

- Follow all aftercare instructions carefully
- Stay hydrated
- Avoid picking or peeling
- Protect area from sun exposure
- Be patient during healing process

THANK YOU

Thank you for trusting Sparkle Shine Spa.

We appreciate your support and look forward to helping you feel confident, radiant, and beautifully enhanced.